

As a psychologist, Dhivyaraksha Pajni enjoys working with adults to assist them to take action to improve their mental health and well-being. She graduated from Anna Adarsh College for Women in Chennai followed by a master's in Psychology from IGNOU.

Her hometown is Chennai, one of the biggest cultural and economic centres in the south of India. The traditional music, dance, art forms do well here.

After graduation, she began working at Bank of America as a bank by phone officer. After a few months, she moved to ABN Amro Bank N.V with duties in customer service, relationship management and remittance. By then, Dhivyaraksha had become an expert in the field of operations. In 2003, she received an offer from ICICI Bank Ltd., where she took on the role of a Senior Officer – Operations.

Her former employer, ABN Amro Bank N.V moved her to Delhi for a managerial role in Quality Assurance. In this assignment, she was responsible for servicing close to 100 corporate companies. With this move, she was immediately promoted to Head of Client Experiences. In the summer of May 2010, she set up her own firm INXS HR Solutions, Faridabad as a Senior Consultant. Her role entailed reviewing resumes, new client acquisitions and maintaining relationships with clients.

A typical day for Dhivyaraksha, involves meetings, collaborating with other professionals and providing holistic solutions with her practice ‘The Placid Minds’. She works closely with people and gives them a meaningful way of dealing with their issues. Dhivyaraksha does this by getting to know the person inside out which includes their life story, strengths, weaknesses and things that are important to them. She deeply appreciates when she connects with people and can see them more hopeful.

As a Life Transformation Strategist, a wellness professional and a Certified Cognitive Hypnotic Coach who supports individuals make progress in their lives so that they have a greater fulfillment by restructuring their thoughts. She aims to continuously develop her therapeutic skills and understanding to help people experiencing difficult situations. With a long-term lens view, she believes her journey so far has been very fulfilling.

As a full-time mom to two children, married and independent keeping family a major part of her life was always her priority. As she went on to study psychology and purely picked it up by chance as her main subject, Dhivyaraksha stumbled upon ICHARS.