

# Cognitive Hypnotic Relationship Coaching

## Super Specialization Diploma Course for Coaches & Psychologists

₹16,000 + 18% GST | Lifetime Access | Certification Included

*"Go Beyond Communication — Create Lasting Relationship Transformations"*



**Practice**



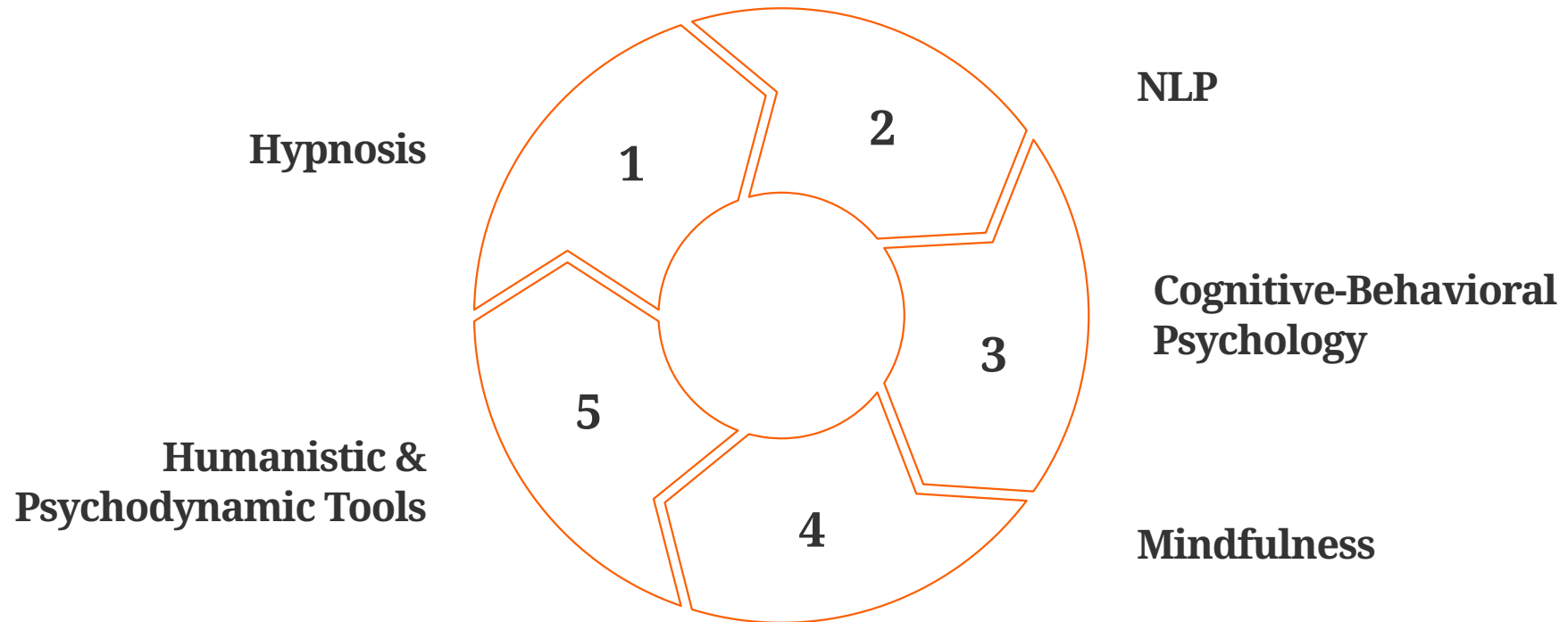
**Concepts**



**Discussions**

# Why Learn from ICHARS?

ICHARS is a pioneer in integrative approaches to mental and emotional wellbeing. We train professionals to work at the **root cause level** — not just on behaviors, but also on subconscious beliefs and emotional patterns — by combining:



# Why Most Relationship Coaching Falls Short

Most relationship coaching stays at the **surface** — focusing on communication tips or temporary mindset shifts. But real change happens when we:



Heal emotional baggage



Address unmet subconscious  
needs



Shift deep-rooted patterns

**CHRC goes beyond Band-Aid solutions** — helping clients reach clarity, closure, or connection from the *inside out*.

"While learning how to help others, I also healed my own unresolved patterns. This course is not just educational — it's therapeutic." — *Karuna D., Wellness Coach*

"CHRC helped me understand not only how relationships work but how I show up in them. It's the most introspective and empowering course I've taken." — Vishal R., Psychotherapist

# A Transformational Coaching Framework

CHRC is an **advanced, structured methodology** that helps individuals and couples:

**1**

Navigate confusion, conflict, or crisis

**2**

Heal old wounds and subconscious blocks

**3**

Decide and commit to conscious relationship paths

**It integrates powerful tools** like NLP, Hypnosis, Paris Window, Hypnodrama, and more — adapted into a results-driven coaching format.

## From Breakdowns to Breakthroughs

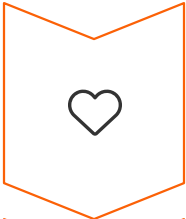
### Clients typically come in with:

- ◆ Emotional turmoil and distress
- ◆ Recurring conflicts without resolution
- ◆ Fear of abandonment or heartbreak
- ◆ Inner confusion about relationship decisions

### They leave with:

- ✓ Clear understanding of core needs and values
- ✓ Emotional resilience and self-trust
- ✓ Strategies to rebuild or gracefully end relationships
- ✓ Peace, closure, or an empowered new beginning

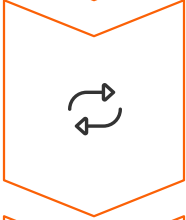
# 11 Steps to Relationship Clarity & Change



Emotional Venting & Challenge Mapping



Defining Desires and Non-Negotiables



Pinpointing Repeating Patterns and Expectations



Core Trait Identification



Paris Window (Clarity Booster)



Perceptual Position (Perspective Shifter)



Common Minimum Program (CMP) Design



Agreement & Action Planning




Hypnodrama (Emotional Release)



Cord Cutting (Energetic Closure)



Follow-up Review & Reinforcement

 **Delivery Style:** 50% Practice | 30% Concepts | 20% Discussions

## You'll Learn To...



Decode Suggestibility, Sexual Styles & Love Languages



Navigate Relationship Stages & Attachment Styles



Use NLP for Conflict Mapping & Closure



Conduct Deep-Dive Relational Interviews

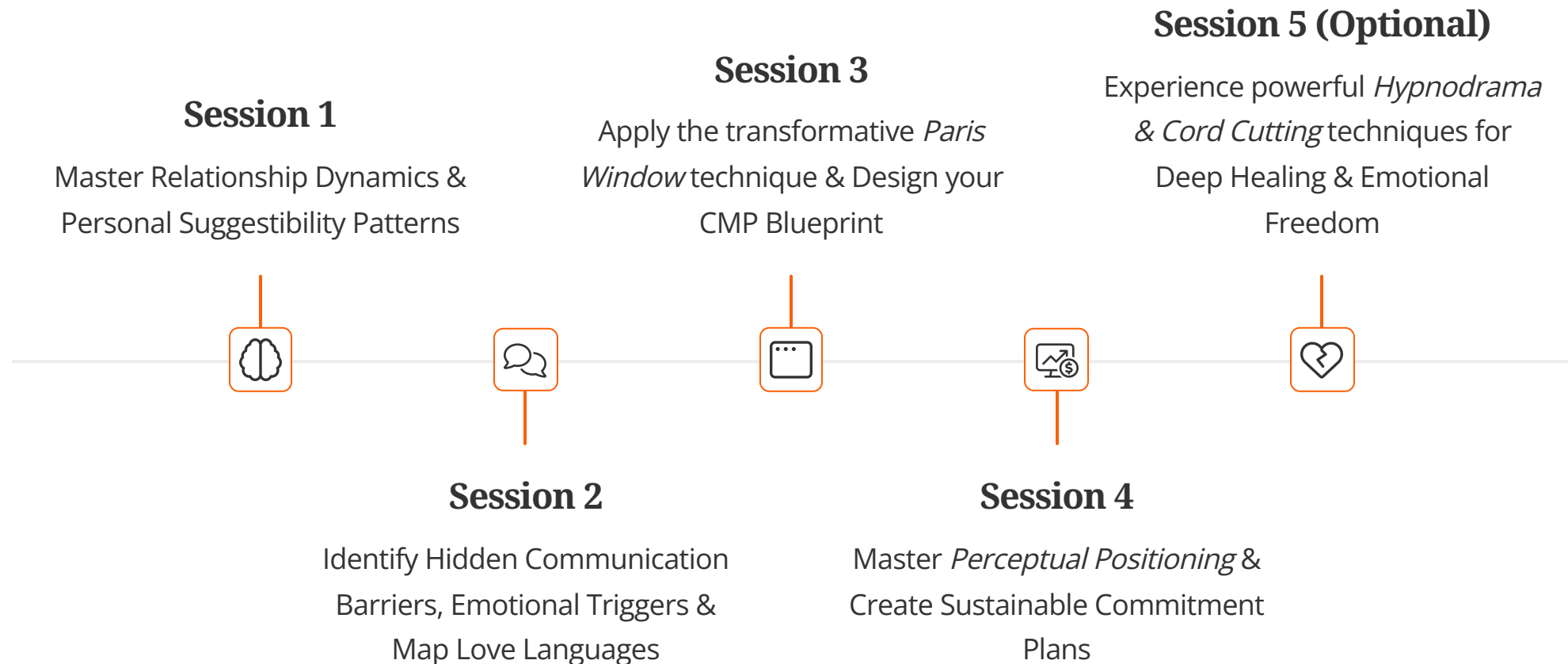


Apply Tools like CMP, Hypnodrama, and Paris Window

## High-Impact Tools You'll Master

Tool Name	What It Does	When It's Used
Paris Window	Brings clarity to stuck decisions	Midway through journey
Perceptual Position	Breaks conflict loops via role reversal	After CMP
Hypnodrama	Heals old wounds from past relationships	Optional follow-ups
Cord Cutting	Clears energetic entanglements	Final stage or closure

# What Happens When



"Every module in CHRC is thoughtfully crafted with precision. From theoretical foundations to practical application, the learning journey is seamless, and the live demonstrations are invaluable. It's the most actionable and transformative course I've ever completed." — *Manoj B., Life Coach*

"The structured session flow and comprehensive case templates made implementing these techniques with real clients remarkably straightforward. This program effectively bridges the gap between theoretical knowledge and confident, skilled application in practice." — *Ritika K., Mental Health Practitioner*

# Eligibility:

✅ **Completed: Cognitive Hypnotic Coaching Diploma – Level 2**

💡 **Ideal for:**

Individuals looking to **specialize in Relationship Coaching**

## Not Ideal If You Are:

- ❌ A beginner with no coaching/therapy background
- ❌ Looking for surface-level or 'quick fix' approaches
- ❌ A client looking for personal therapy (not a training)

📌 **Special Note:** For Level 3 (CHP) psychology students/professionals, CHRC is already included.



# Your Growth. Your Investment.

Embark on a transformative journey with our Cognitive Hypnotic Relationship Coaching program designed to elevate your skills and expand your practice.



## Professional Certification

Earn a comprehensive Diploma in Cognitive Hypnotic Relationship Coaching



## Exclusive Bonus 1

Lifetime Access to Session Recordings for continued learning



## Exclusive Bonus 2

Private Support Community with Direct Access to Peers & Master Trainers

# Real Stories, Real Impact

"The CHRC framework allowed me to take clients from emotional chaos to calm clarity in just a few sessions. Tools like the Paris Window are revolutionary for decision-making in complex relationships." — *Anita J., Relationship Coach*

"Before this course, I avoided relationship cases. Now, I feel confident handling both couples and individuals using a clear, step-by-step flow. This is the kind of structure every therapist needs." — *Rahul V., Psychologist & NLP Practitioner*

## ✓ Tool-Specific Testimonials

"The Perceptual Position exercise helped one of my clients resolve a decade-long resentment toward their partner. It was like unlocking a new level of empathy." — *Shruti M., Counselling Psychologist*

"Cord Cutting brought immense closure for a client stuck in emotional limbo. Watching them feel lighter and free was deeply fulfilling as a practitioner." — *Dev T., Cognitive Hypnotic Coach*

"Hypnodrama helped surface suppressed emotions in a way that talk therapy never could. The blend of imagination and guided metaphor was incredibly powerful." — *Dr. Priya Shah, Clinical Psychologist*



# Join the Next Cohort of Change-Makers

 <https://relationship.ichars.com>

→  Call / WhatsApp: +91-808-020-8473

 *Limited Seats / Next Batch Starting Soon*